

## Health: Fitness/Nutrition

HealthWire reaches health and biotech reporters and analysts as well as newspapers and other local media in your specified geographic circuit area. Each circuit includes value-added reach to disclosure destinations, your choice of trade and industry media, and full-text posting to Internet portals and sites, financial systems, online services and databases.

### Health: Fitness/Nutrition

#### Health: Fitness/Nutrition Magazines & Periodicals

80 Twenty Nutrition  
 American Fitness  
 Bergen Health & Life  
 Better Nutrition Magazine  
 Buffalo Healthy Living Magazine  
 Central Jersey Health & Life  
 Club Business International  
 Club Industry  
 Club Solutions Magazine  
 Delicious Living  
 DrGourmet.com  
 Eat Right  
 EatingWell Magazine  
 Ebe Magazine  
 Energy Magazine  
 Engredea Daily  
 Experience Life Magazine  
 Functional Foods &  
 Nutraceuticals  
 Functional Ingredients  
 Gluten Free & More  
 Health & Yoga  
 Health Magazine  
 Journal of Medicinal Food  
 Journal of the Academy of  
 Nutrition and Dietetics  
 Life Extension Magazine  
 LifeScript  
 LuckyVitamin  
 Men's Fitness  
 Men's Health  
 Monmouth Health & Life  
 Morris/Essex Health & Life  
 Ms. Fitness  
 My Healthy Beginning  
 Natural Foods Merchandiser  
 New You Magazine  
 Nutraceuticals World  
 Nutrition Action Healthletter

Nutrition Industry Executive  
 Magazine  
 Prevention Magazine  
 Reader's Digest  
 Rodale's Organic Life  
 Runner's World  
 Running & FitNews  
 Scottsdale Health  
 Scripps Howard Health News  
 Self Magazine  
 SHAPE Magazine  
 Slice of Healthcare  
 Spirit of Change  
 Spry Magazine  
 Tathaastu: So Be It (Mind Body  
 and Soul)  
 Tea Trends  
 The Healthy Newspaper  
 The Yoga News  
 Today's Dietitian Magazine  
 Tu Salud  
 Tufts University Health &  
 Nutrition Letter  
 U.S. Medicine  
 Vitality  
 Well Being Journal  
 West Coast Woman  
 Women's Health  
 Yoga Bulletin  
 Yoga Journal  
 Yoga Therapy Today

#### Television

Balancing Act  
**Radio**  
 LifeTips  
 The Danielle Lin Show  
 WWNN-AM/FM

#### Online

AZ Central Healthy Living online  
 BrooklynActiveMama.com  
 California Health Report  
 Celiac.com

CommonHealth  
 Daily Forage - gluten free  
 DomesticWellnessLeague.org  
 EatThis.com  
 EstarMejor.com  
 Healthline  
 INSC Magazine online  
 Institute of Food Technologists  
 LivingOnTheCheap.com  
 MedicalResearch.com  
 ModernHealthcare.com  
 MyHealthyApple.com  
 NoMuyCaro.com  
 NOSH.com  
 NutraIngredients-USA.com  
 Nutrition Diva online  
 SNEWS (Specialty NEWS)  
 SoulCollective.us  
 TexasTribune.org  
 Total Health Magazine Online  
 VegNews Magazine  
 WellnessLetter.com