

## Health: Fitness/Nutrition

HealthWire reaches health and biotech reporters and analysts as well as newspapers and other local media in your specified geographic circuit area. Each circuit includes value-added reach to disclosure destinations, your choice of trade and industry media, and full-text posting to Internet portals and sites, financial systems, online services and databases.

### Health: Fitness/Nutrition Magazines & Periodicals

Active Times	Home Health Magazine	Spry Magazine	eFit.com/Nutricise
Alive.com	IDEA Fitness Journal	Tathaastu: So Be It (Mind Body and Soul)	EmpowHer - Women's Health Online
American Fitness	iHealthBulletin News	Tea Trends	Food Nutrition Health News Service online
American Genomics	Integral Yoga Magazine	The Healthy Newspaper	Food Peace with Alptamise online
Proteomics/Technology	Iron Man Magazine	The Walking Magazine	FoodCultureBlog.com
American Health & Fitness	Journal of Medicinal Food	The Yoga News	HaleyMadisonMag.com
American Taste Magazine	Ladies' Home Journal	Today's Diet & Nutrition	HealthyCal.org
American Wellness Network	Life Extension Magazine	Tu Salud	KidsHealth.org
Better Nutrition Magazine	LifeScript	Tufts University Health & Nutrition Letter	MyHealthNewsDaily.com
Body Bulletin	Looking Fit	Vegetarian Times	NutritionDietNews.com
Central Florida Doctor	LowCarb Living	Vibrant Life	Organic Authority
Club Business International	Max Sports & Fitness Magazine	Virginia healthNEWS	Parlay.com
Club Industry	Men's Fitness	Vision Magazine	Resilient Human
Club Success	Men's Health	Vitality	RetirementAspirations.com
DrGourmet.com	More	Weight Watchers Magazine	SNEWS (Specialty NEWS)
EatingWell Magazine	Ms. Fitness	Well Being Journal	SouthBeachDiet.com
Elements Living	Muscle & Fitness	Wellness Watch	SpaMaven.com
Energy Times	My Healthy Beginning	West Coast Woman	SustainLane.com
Environmental Nutrition	Natural Bodybuilding and Fitness	Whole Living	Taste for Life Magazine Online
Esteem Magazine	Natural Foods Merchandiser	Women's Health	TheActiveTimes.com
Experience Life Magazine	Natural-Specialty Foods Memo	Yoga Bulletin	WeightLossCare.net
Fitness Facility Development News	North Florida Doctor	Yoga Journal	WellnessLetter.com
Fitness Magazine	Nutraceuticals World	<b>Television</b>	Calorie King
Fitness Plus Magazine	Nutrition Action Healthletter	Balancing Act	Exercise: For Men Only
Flex	Nutrition Business Journal	Food Network	Men's Exercise
Functional Foods & Nutraceuticals	Nutrition Industry Executive Magazine	HealthVision	
Functional Ingredients	Nutritional Outlook	The Dr. Oz Show	
H2O Magazine	Palestra	<b>Radio</b>	
Health & Fitness Magazine	Palestra	LifeTips	
Health & Yoga	Prevention Magazine	Zorba Paster On Your Health	
Health Magazine	Reader's Digest	<b>Online</b>	
Health News Daily	Runner's World	BeHealthyLifestyles.com	
Health Tips	Running & FitNews	BioValidity.com	
HealthSource	School Food Service and Nutrition	Celiac.com	
HealthTalk	Scottsdale Health	CommonHealth	
HealthyStyle	Scripps Howard Health News	Daily Forage - gluten free	
Home Health Line	Self Magazine	DailyGlow.com	
	SHAPE Magazine	DeliciousLivingMag.com	
	SoBeFit Magazine	Diet.com	
	Spirit of Change	DietCity.com	